

Jamskating Moves

Competitions, organizations, and teams are not the only aspects of jamskating that are being organized. Moves are constantly being invented and named. Forgotten moves are given a new twist to bring them back to life. Currently, there are hundreds of moves including spins, ground work, footwork, and shuffles.



Moves are categorized by groups and difficulty levels. Keeping a list of jamskating moves current is next to impossible because skaters in different parts of the world are making up their own names and moves. One move may have several different names. Take ‘Toe Jamming’ for example. This move is also known as ‘Crazy Leggin’ and ‘Rubber Leggin’. Another example is the ‘Sideways Walk’, which is also known as the ‘Easy Step’ and the ‘Lazy Walk’.



Some jamskating moves are taken from other skating genres like art, figure, and freestyle skating. Then, a small part of the move is twisted around or changed to fit into the jamskating style. Others are taken from dance styles such as hip-hop (upper body movement), jazz (the ‘Jazz Split’), and break (‘Breakin’ and stalls). There are an unlimited amount of moves you can do with jamskating, which helps it to never get old.